

Mid-Year Resolutions

- What happened to the resolutions you made in January?
- **Resolution** = Promise to change some things in our life for the better.

1 I will lose the weight of sin

- **Hebrews 12:1-2** 1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,
- 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

2 I will exercise discernment

- **Hebrews 5:13-14** 13 For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe.
- 14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

3 I will improve my spiritual health

- **3 John 1:2** Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.
- **Matthew 5:6** Blessed are those who hunger and thirst for righteousness, For they shall be filled.
- **2 Peter 3:18** but grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and forever. Amen.

3 I will improve my spiritual health

- **1 Peter 2:1-3** 1 Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking,
- 2 as newborn babes, desire the pure milk of the word, that you may grow thereby,
- 3 if indeed you have tasted that the Lord is gracious.

4 I will organize my thoughts, words and deeds

- **Clean out the evil from my heart, mind and soul.**
- **Philippians 4:8** Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things.

5 I will enjoy my spiritual life more

- **I will rejoice in my newness of life** (Romans 6:4)
- **I will have the joy of faith**
- **Philippians 4:4** Rejoice in the Lord always. Again I will say, rejoice!
- **I will have a soul centered hope** (Hebrews 6:19)

5 I will enjoy my spiritual life more

- **I will have a love motivated life.**
- **Matthew 22:37-39** 37 Jesus said to him, "'You shall love the Lord your God with all your heart, with all your soul, and with all your mind.'
- 38 This is the first and great commandment.
- 39 And the second is like it: 'You shall love your neighbor as yourself.'

6 I will quit making excuses

- **I will be an effective worker for the Lord and His kingdom**
- **Ephesians 2:10** For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

6 I will quit making excuses

- **I will be remember that my effort is not empty or worthless**
- **1 Corinthians 15:58** Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

6 I will quit making excuses

- **I will work to display my faith**
- **James 2:18** But someone will say, "You have faith, and I have works." Show me your faith without your works, and I will show you my faith by my works.

Final Thoughts

- **Resolutions are only as good as the ability and dedication to keep them.**
- **I must be unwavering and determined to reach these goals.**
- **This is the YEAR**