

# JUMP FOR JOY



## Philippians 4:4

Rejoice in the Lord always. Again I will say, rejoice!

In Philippians – 19 times – joy, rejoice, rejoicing

# Philippians 4:4

Thinking – 5; Remember – 1

The secret to joy is found in our attitude

Most people are about as happy as they make up their mind to be. A. Lincoln

# Attitudes to have Joy

**A single mind** – 1:21 For to me, to live is Christ, and to die is gain.

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**A single mind** – 1:21 For to me, to live is Christ, and to die is gain.

**Submissive mind** – 2:3 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.

## Attitudes to have Joy

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**Secure mind** – 4:7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

# Reasons to Rejoice

**Purpose** – 1:21 For to me, to live is Christ, and to die is gain.



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**Pattern** – 2:5 Let this mind be in you which was also in Christ Jesus

# Reasons to Rejoice

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**Pursuit** – 3:12 Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me.

**Peace** – 4:7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

## Philippians 2:1-2a

**1 Therefore if there is any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, 2 fulfill my joy**

# Philippians 2:1-2a

**Four-Fold Incentive to Joy**  
**Any consolation in Christ?**

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## **Four-Fold Incentive to Joy**

**Any consolation in Christ?**

**Any comfort of love?**

**Any fellowship of the Spirit?**

**Any affection and mercy?**

**FULFILL MY JOY!**



# Jump for Joy

**Are you glad you are a Christian?**

**Is there joy in your life?**

**You can go on your way rejoicing.**