



**I'm going
to stand
outside, so
if anyone
asks i am
outstanding**

I am outstanding!

- Not talking about – stuck-up, prideful, arrogant
- Not talking about – conceited, self-worship

I am outstanding!

- I am talking about – being thankful for who you are, how God made you where you are in your life
- I am talking about – loving your neighbor AS YOU LOVE YOURSELF.

What does the Bible teach?

- **To Rich Young Ruler** – 'Honor your father and your mother,' and, 'You shall love your neighbor as yourself.' " (Matthew 19:19)
- **To the lawyer** – And the second is like it: 'You shall love your neighbor as yourself.' (Matthew 22:39)

What does the Bible teach?

- For the commandments, "You shall not commit adultery," "You shall not murder," "You shall not steal," "You shall not bear false witness," "You shall not covet," and if there is any other commandment, are all summed up in this saying, namely, "You shall love your neighbor as yourself."
(Romans 13:9)

What does the Bible teach?

- For all the law is fulfilled in one word, even in this: "You shall love your neighbor as yourself." (Galatians 5:14)
- If you really fulfill the royal law according to the Scripture, "You shall love your neighbor as yourself," you do well. (James 2:8)

Why is this so hard for us?

- We are in bondage because we fail to forgive ourselves.
- RESULTS: Self rejection, self-hatred, not happy with who we are, not accept the forgiveness that God gives to us
- If God forgives AND fellow Christians forgive us - - - Why can't we forgive ourselves?

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- **Bitterness** – failing to forgive ourselves results in anger, bitterness, shame
- **Hard on oneself** – physically, emotionally, mentally, spiritually

Why is this so hard for us?

- **Anger** – at how others have treated you; at mistakes in your past; at yourself
- This list could be longer but this is enough to help you know you have to learn to like who you are in Christ.

Be thankful for who you are

- **Genesis 1:26** Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth."

Be thankful for who you are

- **Did God make your physical body?**
- **Did God create your mind and intellect?**
- **Did God place an eternal soul in you?**

Psalm 139:13-15

- **13 For You formed my inward parts; You covered me in my mother's womb. 14 I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well. 15 My frame was not hidden from You, When I was made in secret, And skillfully wrought in the lowest parts of the earth.**

Psalm 139:13-15

- **Was David boasting, bragging?**
- **David was saying – God made me and look what a great job God did.**
 - **God made me –
and God don't make junk!**

Learn to forgive yourself

- We learn how to forgive others.
- We have not learned how to forgive ourselves.
- **Hebrews 12:15** looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;

Learn to forgive yourself

- **Isaiah 43:25** "I, even I, am He who blots out your transgressions for My own sake; And I will not remember your sins.
- If we keep beating ourselves over the head for our sins – Our way of thinking does not line up with God's Word.

Learn to forgive yourself

- **Psalm 103:10-13** 10 He has not dealt with us according to our sins, Nor punished us according to our iniquities. 11 For as the heavens are high above the earth, So great is His mercy toward those who fear Him; 12 As far as the east is from the west, So far has He removed our transgressions from us. 13 As a father pities his children, So the Lord pities those who fear Him.



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