

BE ANGRY

EPHESIANS 4:26-27



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- **²⁶ "BE ANGRY, AND DO NOT SIN"; DO NOT LET THE SUN GO DOWN ON YOUR WRATH, ²⁷ NOR GIVE PLACE TO THE DEVIL.**

ANGER IS GOD-GIVEN

- **WE ARE COMMANDED TO BE ANGRY**
- **THERE ARE SOME THINGS WE SHOULD BE ANGRY ABOUT**
- **IF YOU NEVER GET ANGRY – YOU ARE NOT LIVING RIGHT**

ANGER IS NOT SINFUL

- **IN THE OLD TESTAMENT – ANGER OF THE LORD – 18 TIMES**
- **JESUS GOT ANGRY**
- **MARK 3:5 AND WHEN HE HAD LOOKED AROUND AT THEM WITH ANGER, BEING GRIEVED BY THE HARDNESS OF THEIR HEARTS, HE SAID TO THE MAN, "STRETCH OUT YOUR HAND." AND HE STRETCHED /TOUT, AND HIS HAND WAS RESTORED AS WHOLE AS THE OTHER.**

ANGER MUST HAVE SAFEGUARDS

- **DON'T LET IT LINGER, HANG AROUND TOO LONG**
- **DON'T GIVE THE DEVIL OPPORTUNITY TO USE IT**
- **BE SLOW TO SPEAK – JAMES 1:19**

WHEN ANGER IS RIGHT

- **WHEN GOD IS DISOBEYED**
 - **EXODUS 32 – GOLDEN CALF**
 - **SOLOMON'S MARRIAGES – 1 KINGS 11**
- **WHEN ENEMIES TAKE AWAY WHAT GOD HAS GIVEN**
- **ISAIAH 5:22-23 ²² WOE TO MEN MIGHTY AT DRINKING WINE, WOE TO MEN VALIANT FOR MIXING INTOXICATING DRINK, ²³ WHO JUSTIFY THE WICKED FOR A BRIBE, AND TAKE AWAY JUSTICE FROM THE RIGHTEOUS MAN!**

WHEN ANGER IS RIGHT

- **1 SAMUEL 11:6 THEN THE SPIRIT OF GOD CAME UPON SAUL WHEN HE HEARD THIS NEWS, AND HIS ANGER WAS GREATLY AROUSED.**
- **EPHESIANS 6:4 AND YOU, FATHERS, DO NOT PROVOKE YOUR CHILDREN TO WRATH, BUT BRING THEM UP IN THE TRAINING AND ADMONITION OF THE LORD.**

WHEN ANGER IS WRONG

- **JONAH 4:3-4** ³ THEREFORE NOW, O LORD, PLEASE TAKE MY LIFE FROM ME, FOR *IT IS* BETTER FOR ME TO DIE THAN TO LIVE!" ⁴ THEN THE LORD SAID, "*IS IT* RIGHT FOR YOU TO BE ANGRY?"

ANGER IS WRONG WHEN - - -

- **YOU DON'T GET YOUR WAY**

- **JONAH**

- **LONG LINE AT CHECKOUT**

- **CREDIT CARD WON'T GO THROUGH**

ANGER IS WRONG WHEN - - -

- **YOU DON'T GET YOUR WAY**
- **YOU REACT TOO QUICKLY**
- **JAMES 1:19 SO THEN, MY BELOVED BRETHREN, LET EVERY MAN BE SWIFT TO HEAR, SLOW TO SPEAK, SLOW TO WRATH**
- **FIRST – LEARN THE FACTS**
- **PROVERBS 16:23 THE HEART OF THE WISE TEACHES HIS MOUTH, AND ADDS LEARNING TO HIS LIPS.**

ANGER IS WRONG WHEN - - -

- **YOU DON'T GET YOUR WAY**
- **YOU REACT TOO QUICKLY**
- **FROM A WRONG MOTIVE**
- **ELDER BROTHER – LUKE 15**
- **JEALOUS MOTIVE**
- **PRIDE**

HOW TO WIN OVER ANGER

- **IGNORE THE PETTY STUFF**
- **DON'T HANG AROUND ANGRY PEOPLE**
- **BRIDLE THE TONGUE**
- **DON'T LET ANGER BUILD**



RULE # 1

Don't sweat
the small stuff

RULE # 2

It's all small stuff