



ARE YOU AFRAID?

Mark 4:37-41



FEARS

- We all have fears – storms, bugs, snakes, high places
- The Bible has a lot to say about fear
- In the Bible there is a good kind of fear and a fear that is condemned

1 FEAR = A PHOBIA

- Fear – from Greek word “phobia”
- Fear of things – storms, snakes, spiders, falling – many others
- Most of these are unfounded or unrealistic
- Paranoid = are they out to get me?
- We need to spend some time in the Word.

PSALM 91:1-3

- ¹ He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. ² I will say of the LORD, "*He is my refuge and my fortress; My God, in Him I will trust.*" ³ Surely He shall deliver you from the snare of the fowler *And* from the perilous pestilence.

PSALM 91:5-7

- ⁵ You shall not be afraid of the terror by night, *Nor* of the arrow *that* flies by day, ⁶ *Nor* of the pestilence *that* walks in darkness, *Nor* of the destruction *that* lays waste at noonday. ⁷ A thousand may fall at your side, And ten thousand at your right hand; *But* it shall not come near you.

2 FEAR = LACK OF COURAGE

- Kids challenge each other to jump – “Scardy cat”
- Ride the roller coaster, go in the haunted house
- Revelation 21:8 But the **cowardly**, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.” Fearful in KJV

3 FEAR OF LOSS OR HARM

- Matthew 10:28 And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell
- Mark 4:40 But He said to them, "Why are you so fearful? How *is it* that you have no faith?"
- **This fear is the opposite of faith!**

GOOD KIND OF FEAR

- Ecclesiastes 12:13 Let us hear the conclusion of the whole matter: Fear God and keep His commandments, For this is man's all.
- Ephesians 5:21 submitting to one another in the fear of God.

GOOD KIND OF FEAR

- Matthew 10:28 And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell
- This is not paranoia, or being afraid to act
- This fear is awe, amazement, recognition of the might and power

ARE YOU AFRAID?

- Do you have a trust and confidence in God?
- Psalm 27:1 The LORD *is* my light and my salvation; Whom shall I fear? The LORD *is* the strength of my life; Of whom shall I be afraid?